

## Personal Details

- **Born: 13<sup>th</sup> December 1972. Liverpool, UK.**

## Education

- **PhD Health Psychology: University College London - 2007**
- **MSc Health Psychology: University College London - 1995**
- **BSc Hons Psychology (First Class): Thames Valley Uni - 1994**

## Employment

- **Public Health Principle – NHS Surrey** (March 10 to date)
- **Tobacco Control Manager - NHS Surrey** (Oct 08 to Feb 10)
- **Tobacco Control Manager - NHS Wandsworth** (Jul 05 to Sep 08)
- **Lecturer in Tobacco Addiction – St Georges Medical School** (Apr 03 to Jun 05)
- **Research Fellow – Institute of Psychiatry, Uni. Of London** (Feb 02 to Mar 03)
- **Research Fellow – University College London** (Oct 95 to Jan 02)

## Consultancy

- **National Institute for Health & Clinical Excellence: Programme Development Group**  
Development of national guidelines on Tobacco Harm Reduction Strategies
- **Department of Health NCSCT Working Group: Smoking & Mental Health**  
Development of standards and training resources for the accreditation of Stop Smoking Advisors. Chair: Prof Ann McNeill.
- **Pfizer UK: Smoking Cessation Training and Development**  
Development and delivery of advanced training sessions to NHS Stop Smoking Practitioners. Areas include East & West Sussex, Kent, Hertfordshire and Suffolk.
- **World Health Organisation: Smoking Cessation Training**  
Development of standards and training resources for medical staff in the Middle East. Work in collaboration with Imperial College London.
- **Smoking & Mental Health Service Development**  
Consultancy work across 14 UK Mental Health Trusts including training mental healthcare staff in smoking cessation across 14 UK Trusts.
- **Guidance Development: “Quitting in Mind”**  
Resource that compiles evidence on stop smoking support in mental health settings and sets out guidance on service delivery. Endorsed by Faculty of Public Health, RC Psych and British Psychological Society.
- **Guidance Development: Smoking & Mental Health Guide for ASH Scotland**  
Resource for trainee stop smoking advisors in mental health settings. Uses case studies of patients and staff with expert commentary.
- **Expert Advisory Group: Tobacco & Mental Health Study – University of Nottingham**  
This is a Department of Health funded programme of research. The advisory group is made up of senior academics and practitioners in the field of smoking and mental health.

## Recent Publications (last 5 years)

### Articles

McNally, Todd & Ratschen (2011). The Prevalence of Mental Health Problems among users of NHS Stop Smoking Services: The Effects of a Proactive Screening Procedure. *BMC Health Services Research* 2011, **11**:190

McNally & Ratschen (2010). The Delivery of Stop Smoking Support to People with Mental Health Conditions: A Survey of NHS Stop Smoking Services. *BMC health services research*, 10(1), 179.

Cormac & McNally (2008) Implementing Smoke Free Policy in Mental Health Settings. *Advances in Psychiatric Treatment* 14: 198-207

McNally; Oyefeso; Annan et al. (2006) A survey of staff attitudes to smoking- related policy and intervention in psychiatric and general health care settings *Journal of Public Health*, Volume 28, Number 3, 15 September 2006, pp. 192-196(5)

McNally L, Hayes A, Rawaf S (2006) Smoking rites and wrongs. *The Psychologist*. Vol.19, No.9. p. 524

McNally L, Hayes A, Rawaf S (2006) Smoking bans in mental health settings. *Health Service Journal*. 7 Sep, p. 30

### Books & Toolkits

McNally (2011) Tobacco Smoking. In Cormac et al (2011). *Essentials of Medicine in Psychiatry*. Royal College of Psychiatrists

McNally (2009) "Quitting in Mind" A Guide to Stop Smoking Support in Mental Health Settings. Commissioning Support for London: [www.quittinginmind.net](http://www.quittinginmind.net)

McNally (2006) "Smoking & Mental Health: Helping Smokers to Quit in Mental Health Settings" Bristol: Gasp

McNally & Alley (2006) "Smoke Free Policy and Interventions in Mental Health Settings" Smoke Free London